

Carol Woodliff

# Hypnosis in Medicine

Using the Power of Your Mind for Health



**H**ypnosis and its use in medicine isn't something new. Forms of hypnosis have been used as medical treatments since ancient times. Hypnosis has been approved by the American Medical Association since 1958.

**T**oday, hypnosis is used as a complementary treatment in areas such as pain & stress management, visualization and meditation to cope with life-threatening and chronic illnesses, dealing with fears about medical procedures, and helping patients make lifestyle changes such as stop smoking and losing weight.

**E**xplore:

- What Hypnosis Is *and Isn't!*
- Hypnosis' Role in Health & Medicine
- The Mind/Body Connection
- The Power of Words, Imagery & Visualization
- How to Use this State for Your Own Health and Success.

**C**ome away with an understanding of how this practical tool can be used in medicine today.

**Carol Woodliff** is a sought after speaker in the areas of self-improvement, spirituality, and stress management. She gets rave reviews from teenagers to seniors!

A few of the organizations Carol has spoken at include: Caltech, The National Youth Leadership Forum on Medicine, Western University College of Osteopathic Medicine, IHOP Corp., Parker Hannifin Aerospace, California Federation of Business & Professional Women, Arizona Court Reporters Association, Skadden, Arps, Slate, Meagher & Flom, and Gibson, Dunn & Crutcher.

As a hypnotherapist in San Marino (Pasadena), CA, Carol helps clients eliminate the barriers to living well in a wide range of areas from coping with physical illness, to overcoming fears and bad habits, to developing a mindset for success.

Her presentations combine the best of mind-body practices and spirituality with practical, real-world experience gained in over 20 years of supervising and coaching employees at some of the nation's finest law firms.

Be prepared to learn, laugh and connect with information you've been searching for!

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**Carol Woodliff, Speaker, Spiritual Hypnotherapist & Coach**

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