

Carol Woodliff

# From Scared to Sacred

Coming Home to Your Loving Presence



**Are you living** only a small percentage of what you are capable of doing? What is in your way? Many of us answer that question in one word: FEAR: fear of failure; fear of success, fear of not being enough, fear of being unlovable, fear of not being able to handle what life throws our way, etc. It is not our fears that stop us. It is actually our lack of connection to our highest most sacred self.

In this dynamic speech, Carol shares her story of moving from scared to sacred and shares how you can too!

## Some Highlights Include:

- The Surprising Ways You Can Connect With Your Sacred Self.
- How A Reality TV Show and a Rock Star Reconnected Carol to Her Spirit.
- Why You *Don't* Have to Learn How to Meditate.
- Allow Yourself To Be Human. Being Broken Is Our Greatest Connection to Spirit.
- And Much More!

**Carol weaves engaging stories and interactive techniques** into a presentation designed to inspire you to reclaim the powers within you to live fully from the heart and spirit.

**Carol Woodliff** is a sought after speaker in the areas of self-improvement, spirituality, and stress management. She gets rave reviews from teenagers to seniors!

A few of the organizations Carol has spoken at include: Caltech, The National Youth Leadership Forum on Medicine, Western University College of Osteopathic Medicine, IHOP Corp., Parker Hannifin Aerospace, California Federation of Business & Professional Women, Arizona Court Reporters Association, Skadden, Arps, Slate, Meagher & Flom, and Gibson, Dunn & Crutcher.

As a hypnotherapist in San Marino (Pasadena), CA, Carol helps clients eliminate the barriers to living well in a wide range of areas from coping with physical illness, to overcoming fears and bad habits, to developing a mindset for success.

Her presentations combine the best of mind-body practices and spirituality with practical, real-world experience gained in over 20 years of supervising and coaching employees at some of the nation's finest law firms.

Be prepared to learn, laugh and connect with information you've been searching for!

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**Carol Woodliff, Speaker, Spiritual Hypnotherapist & Coach**

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